



## Where Do You Procrastinate?

Personal	
<input type="checkbox"/> Eating properly <input type="checkbox"/> Exercising <input type="checkbox"/> Getting enough sleep <input type="checkbox"/> Bathing and hygiene	<input type="checkbox"/> Health care <input type="checkbox"/> Haircuts <input type="checkbox"/> Relaxation and hobbies
School	
<input type="checkbox"/> Going to class <input type="checkbox"/> Doing reading assignments <input type="checkbox"/> Studying for tests <input type="checkbox"/> Doing homework <input type="checkbox"/> Writing papers <input type="checkbox"/> Starting long term projects	<input type="checkbox"/> Finding a study group <input type="checkbox"/> Talking to an instructor <input type="checkbox"/> Making an advising appointment <input type="checkbox"/> Registering for next semester <input type="checkbox"/> Going to the library <input type="checkbox"/> Joining a club or organization
Home	
<input type="checkbox"/> Paying bills <input type="checkbox"/> Financial Aid <input type="checkbox"/> Doing laundry <input type="checkbox"/> Putting in work orders/calling for repairs	<input type="checkbox"/> Cleaning <input type="checkbox"/> Grocery shopping <input type="checkbox"/> Doing dishes <input type="checkbox"/> Finding housing
Relationships	
<input type="checkbox"/> Talking with friends <input type="checkbox"/> Writing email responses <input type="checkbox"/> Going out/socializing <input type="checkbox"/> Maintaining relationships	<input type="checkbox"/> Calling relatives/friends <input type="checkbox"/> Visiting relatives
Work	
<input type="checkbox"/> Going to work <input type="checkbox"/> Preparing a resume <input type="checkbox"/> Getting to work on time <input type="checkbox"/> Completing tasks	<input type="checkbox"/> Finding a job <input type="checkbox"/> Calling a perspective employer
<b>Other:</b>	

